



Confidentiality agreement

This agreement is between you (the client) and Ocean Trauma Counselling.

Confidentiality is of the utmost importance. Any information shared will be kept confidential within the service and will not be shared or sold to any third party organisations.

The only time Ocean Trauma Counselling would break confidentiality would be in relation to safeguarding:

- Significant harm to yourself or others
- Harm to children

As a duty of care Ocean Trauma Counselling will have to share any safeguarding concerns with the relevant professionals who may be but not limited to:

- Your GP
- Police
- Social Services
- Emergency contact/ Next of Kin

In this case, your counsellor would inform you of the information they will share and to whom.

Your counsellor will be under regular supervision in which they may discuss your case to ensure that they are working ethically and supporting you to the best of their ability. Under these circumstances your identity will not be revealed.

Data protection/ GDPR

Your counsellor may make brief notes about your session ~~to ensure that they remember key details.~~ Any notes will be stored in a locked cupboard.

Any reports created on a computer will be anonymised so that any individual may not be recognised. The reports will only be accessible via password.

I have read and understood the terms and conditions of the confidentiality agreement

Client signature _____ Date _____

Clinician signature _____ Date _____



Information Gathering

Client name:	
Next of Kin or Emergency contact:	
Address:	
Permission to leave a voicemail or send texts:	
Disabilities and/or Neurodiversity	